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Natural, all purpose Cleaning Spray Recipe

Ingredients:

- 1 cup white vinegar
- 1 cup water
- 10–20 drops essential oil (e.g. lemon, lavender, eucalyptus, or tea tree)
- (Optional) 1 tablespoon baking soda (apply directly to surface, not in bottle)

Instructions

- 1 Use a clean 500 ml spray bottle.
- 2 Mix 1 cup vinegar + 1 cup water in the bottle.
- 3 Add 10–20 drops of essential oil (optional).
- 4 Shake gently before each use.



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Website:
www.TheGrowingWay.com



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How to Use:

- **Surfaces:** Spray on kitchen counters, sinks, tiles, or bathroom surfaces. Let sit 1–2 minutes, then wipe clean.
- **Glass/Mirrors:** Use without baking soda; spray and wipe with lint-free cloth or newspaper.
- **Grease:** Let sit 3–5 minutes before scrubbing.

✗ **Avoid on:** Natural stone (marble, granite).

Tip: For extra scrubbing, sprinkle baking soda directly onto the surface before spraying.

Advantages

- ✓ Environmentally Friendly
- ✓ Safer for Health
- ✓ Biodegradable
- ✓ Reduced Chemical Exposure
- ✓ Cost-Effective



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